

STAFF NEWSLETTER

Mission Statement: Enhancing the lives of people with developmental disabilities by providing them with responsive services and supports.

July 10, 2009

www.heionline.org

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EMPLOYEE of the MONTH

James Engleman – Custodial Services
Lead Custodian-Federal Building
July 2009

James came to Hope in November of 1996 as a Part-Time Custodian in the Federal Building. In 2000, he was promoted to Full Time Lead Custodian at the Federal Building and has worked in that position since that time.

James was nominated by Doris Verbeck, Custodian at the Federal Building, who stated, “Jim is a very dedicated, hard worker. Jim has always gone above and beyond his job duties. Jim runs a tight ship at the Federal Building. Vendors of the Federal Building commend Jim on the outstanding work that he and his staff at the Federal Building do. Jim has been with Hope 12 years. A true and dedicated employee. Jim helps to successfully operate the Federal Building from cleaning to snow removal. The employees at the Federal Building say the walks and drives are the cleanest in Williamsport”.

Thomas Reid, Custodial Services Supervisor, stated, “Jim is truly one of a kind worker and person. Jim is one of the hardest working and dedicated staff that I have. Whether its snow removal or just regular work, Jim does not leave until the job is done right. It seems that he is always there and making sure the building tenants are satisfied. He is always willing to lend an extra hand to whoever needs it, whether its work related or not. I fully support this nomination”.

James resides with his wife, Brenda, and niece, Doris. He has four children and nine grandchildren. He enjoys spending time and vacationing with his family. James likes watching his grandchildren play sports such as cheerleading and motocross. He likes to go camping and belongs to the Sportsman’s Club where he enjoys the shooting range with his friends. He also enjoys washing and waxing cars. James also has a very good sense of humor that everyone likes.

Jim, thank you for your dedication to a job well done!! We truly appreciate your efforts going above and beyond to do a good job!!!!



Happy Birthday!

JULY

Darlene Hepler	BRC	10th	Darlene Wells	Ames Place	20th
Jeff Wike	BRC	11th	Linda Carstetter	Miller Street	20th
Sandra Thompson	Dove Street	11th	Kathleen DeWald	Huffman Street	21st
Ashley Stiffler	Four Mile Drive	12th	Harlan Pidcoe	Transportation	21st
Joseph Fortin	CMSU/CSP	12th	Melody Weister	Huffman Street	21st
Dave Kriner	Custodial	12th	Sheila Thrower	Park Avenue	22nd
Kris Ottaviano	BRC	13th	William Birt	Walnut Street	22nd
Olive Holmes	St. Mary Street	14th	Susan Young	Huffman Street	22nd
Janis Shultz	CMSU Respite	14th	Vanessa LaBelle	Confair Pkwy	22nd
David Hart	Work Center	14th	Karon Gerace	BRC	23rd
JeriAnne Sukits	2731 W 4th St	16th	Joe Brown	Inhome Waiver	23rd
Wendy Warner	BRC	17th	Richard Mock	N Ninth Street	23rd

CMSU/LCN OPEN
ENROLLMENT FOR
DENTAL/VISION
BENEFITS

Effective August 1, 2009, CMSU & LCN employees may change/modify their dental and vision insurance enrollment. CMSU staff should contact Peggy Shultz and LCN staff should contact Mary Smith. The deadline is July 24, 2009.

LCN OPEN
ENROLLMENT FOR
HEALTH BENEFITS

Effective August 1, 2009, LCN Region employees may change or modify their health insurance enrollment by contacting Mary Smith. The deadline is July 24, 2009.



*4.75% APR Home Equity
Loan (fixed rate for up to
180 Months)*

*4.50% APR Home Equity
Line of Credit Loan
(variable rate up to
180 Months)*

Horizon Federal Credit Union
1007 E. 3rd St., Wmspt. w 2075 Reach Rd., Wmspt.
277 W. Bald Eagle St., Lock Haven

July 2009 EAP Newsletter

America's Secret in Plain Sight

The American Institute on Domestic Violence reports that the stress of economic hard times has increased the incidence of domestic violence across the nation. The Institute reports that 5.3 million women have been abused in the past year and 1,232 women have been killed by a spouse or intimate partner. The problem spills into the workplace as well where 18,700 incidents of violence were committed by a current or former spouse, partner or boyfriend. Another grim statistic was recently released by Liz Claiborne, Inc. which found that 44% of teens in families with economic problems had seen their parents abusing each other and 67% of these same teens reported some sort of violence or abuse in their own relationships. Vera House, Inc. www.verahouse.org an organization based in Syracuse, NY provides crisis and educational services in response to domestic violence and offers the following insights based on actual case histories of women they've assisted:

Controlling someone is not merely a precursor to abuse; it **is** abuse and must be addressed before it escalates to physical violence. If someone prevents his partner from seeing certain people, belittles her in public, controls her finances, tells her what to wear and when to be home – that's abuse.

Intense jealousy is a classic sign of control – a way to make someone a **possession** of the other person.

Choking someone is as much an act of physical violence as punching her.

The most dangerous time in an abusive relationship is the six months after one partner says she's leaving. The victim should not return home after leaving unless she has a police escort.

Victims often become invested in hiding the frightening reality of their abuse. Linda Neely was such a person. To her friends she was the epitome of gentleness and joy, a delight to be near. But at home she lived in fear and a constant state of vigilance to protect herself and her family. On 10/21/06, Linda was stabbed in the heart by her husband, who is now serving 25 years to life in a state prison. Following her death, a log was found documenting the many nights that she and her children fled their home to find safety. The family of Linda Neely now maintains a website www.lindaslessons.org which is packed with links to valuable resources and also contains actual lesson plans for educating students in grades 7-12 about domestic violence. According to the American Institute on Domestic Violence, the workplace is affected as well with 94% of corporate security directors ranking domestic violence as a high security risk while 78% of human resource directors rank domestic violence as a substantial employee problem. If you wish to discuss your personal situation, your EAP is a good place to start. Or, you may wish to contact the national domestic violence hotline at 1-800-799 SAFE (7233) to identify resources in your area. **However, if you are in imminent danger, dial 911**