

# Positive Approaches Quiz

1. Review all materials.
  2. Print quiz, complete, and attach to Inservice Training Sheet.
  3. Route to Staff Training Specialist.
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Training Title: Positive Approaches  
Source of Training: Internet  
Instructor: Melody Wolf  
Qualifications: LPN/Staff Training Specialist  
Content of Training: Training specific to philosophy and appreciation of Positive Approaches in working with MR.  
Number of Hours: 2 Hours  
Training Code: POS

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1. List the seven principles of positive approaches.
  - a.
  - b.
  - c.
  - d.
  - e.
  - f.
  - g.
2. The two basic principles of Positive Approaches for Positive Behavior Support are 1) People have “good reasons” for doing the things they do 2) People do the best they can with what they have or know at any given time.  
 True  
 False
3. To determine the “good reasons” our checklist should have what 4 components:
  - a.
  - b.
  - c.
  - d.

4. Staff should establish an environment where all interactions are rooted in and consistently demonstrate acceptance, respect, positive regard and love.
- True  
 False
5. Staff should always communicate in an honest caring way.
- True  
 False
6. It is not important to learn as much as possible about a person.
- True  
 False
7. Staff through Positive Approaches can use what they learn to ease individuals struggles.
- True  
 False
8. Staff should share what they learn with the person so they can better understand themselves.
- True  
 False
9. List the 9 operating principles of self determination with a short example of each.
- a.
  - b.
  - c.
  - d.
  - e.
  - f.
  - g.
  - h.
  - i.