

How to Get the Most Out of a Psychiatric/Psychological Visit Quiz

1. Review all materials.
2. Print quiz, complete, and attach to Inservice Training Sheet.
3. Route to Staff Training Specialist.

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| Training Title: | How to Get the Most out of a Psychiatric/Psychological Visit |
| Source of Training: | Internet |
| Instructor: | Melody Wolf |
| Qualifications: | LPN/Staff Training Specialist |
| Content of Training: | Training specific to overshadowing, mental status exam, talking to a psychologist and writing a psychosocial presentation. |
| Number of Hours: | 2 Hours |
| Training Code: | HMP |

1. Name seven reasons overshadowing occurs.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

2. Describe why a mental status exam performed by a psychologist is important.

3. When you go to visit a psychiatrist name seven ways to make yourself understood.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

4. Read the following paragraphs and write an appropriate psychosocial to present to a psychiatrist/psychologist for each of the examples.

Sally has been upset at night starting around 7:00 p.m. She won't stay out of the kitchen cupboards and gorges on yogurt. She was put into a hold at work because she wanted another individual's yogurt. She started to head bang on the concrete floor. Work staff report that she routinely falls asleep at 2:00 p.m. She frequently sneaks out of her room at night to get into the refrigerator. Sally just won't sit still. This has been going on for three months.

Bob has been unable to make his bus for over 2 months. He refuses to shave and has grown a beard. He is angry because he only has two pairs of pants and two shirts that fit him. His doctor has sent him for lab work and its returned okay. We try to talk to Bob about the importance of completing tasks but he just cries. He used to do puzzles but he has thrown them all away. Bob used to like to be with the whole house for activities but now he stays in his room.

Jane has not been allowed to visit her mom at her mom's house for over two months. She just smirks and smiles most of the day. At times she has been so manipulative with staff and peers causing great fights. She even thinks she is Hillary Clinton and that she is married to Bill Clinton. She will stay up all night playing hail to the chief over and over again. She also plays it during the day over and over. She does not nap during the day. She just runs around the house talking really fast. She has been sent to the supervisor's office at work 28 times last month for not paying attention to her work.
