

# RECOGNIZING MEDICAL NEEDS QUIZ

1. Review all materials.
  2. Print quiz, complete, and attach to Inservice Training Sheet.
  3. Route to Staff Training Specialist.
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Training Title: Recognizing Medical Needs  
Source of Training: Internet  
Instructor: Melody Wolf  
Qualifications: LPN/Staff Training Specialist  
Content of Training: Training specific to review of body symptoms, what a symptom could mean, and red flag symptoms to report in the field of Mental Retardation.  
Number of Hours: 2 Hours

Training Code:

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1. The Cardiovascular Septem and respiratory system contain those organs which are responsible for carrying oxygen from the air to the blood stream and expelling the waste product of carbon dioxide.  
 True  
 False
2. There is an average of 50 bones in the skeletal system.  
 True  
 False
3. The nervous systems overall function is to collect information about external conditions in relation to the body's external state, analyze the information, and initiate appropriate responses to satisfy certain needs.  
 True  
 False

4. The urinary system with the support of the kidneys filter the system for the blood, reabsorbing 50% and sending 6 pints of waste (urine) into the bladder until it can be disposed of.

- True
- False

5. The endocrine system has “hormones” as messengers to unconsciously carry out process.

- True
- False

6. There are three types of muscles in our bodies: cardiac, smooth, and skeletal.

- True
- False

7. The lymphatic system’s main duty is to keep hormones stable.

- True
- False

8. The primary objective for the (GO) digestive system is to absorb fluid and nutrients and prepare food for absorption.

- True
- False

9. List three possible Health issues associated with the following:

a. weight loss

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b. vomiting

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c. dark urine

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d. headache

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e. irritability/restlessness

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f. skin lesions/rashes/bumps

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g. difficult eating

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h. loss of appetite

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i. abdominal pain

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j. change in appetite

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10. Please indicate next to the "Red Flag Symptom," an:

S - for supervisor notification or  
N - for 911 notification

- Tender, swollen bruised, hard areas of the body
- Cool, moist, pale, bluish skin (lips or nail beds)
- Vomiting or coughing up blood
- Excessive thirst
- Becoming confused, faint, drowsy, unconscious, restless or unusually irritable
- Can't use affected areas
- Visible bone fragments, feeling a snap, pop, bones grating
- Significant bruising, swelling or other deformities
- Rapid pulse
- Breathing difficulty (gaspings, gurgling, wheezing, increase or decrease in rate)
- Chest pain or pressure
- Severe headache
- Slurred speech
- Numbness/paralysis (inability to move)
- Sudden abdominal pain
- Bloody stool
- Burns involving blistering or underlying structures (fat, muscles, bones and nerves)
- High fever or fever not effected by prescribed mediation
- Bleeding that can not be controlled
- Cuts requiring stitches
- A cut that doesn't heal (red, swollen, hot or draining)
- Heat or Cold elements (Heat exhaustion or stroke) (Cold frostbite or hypothermia)
- Poisoning (ingestion, inhalation, absorption or injection)
- Unusual seizure activity
- A change in what is "normal" "norm" for that person